

FACTS ABOUT ME

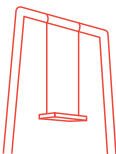
Myalgic encephalomyelitis

WHO IS AT RISK?

Estimated
250,000
people in
the UK

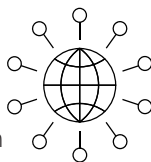


75% of patients
are women



Seen in children
as young as five.

Affects all races.



Affects between
15-30 million
worldwide

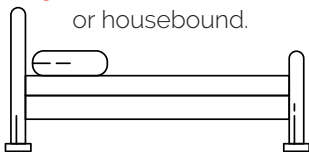
HOW SERIOUS IS THE DISEASE?

Average **quality of life**
is lowest among all
diseases tested.



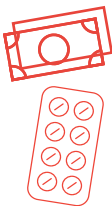
75-85%
of patients are not
able to work.

and 25% are bedbound
or housebound.



Recovery is rare,
estimated at just 5%,
leaving many
patients sick and
disabled for the rest
of their lives.

RESEARCH



ME receives a tiny
percentage of the research
funding awarded to other
chronic illnesses - 20 times
less than MS patients. Over
the past few years, funding
has decreased further.

TREATMENT



Graded Exercise Therapy (GET)
and Cognitive Behavioural
Therapy (CBT) are the main
treatments recommended in
the NHS.

**GET is harming people with ME.
CBT is ineffective.**

CHILDREN



Estimated **25,000 children with ME** in the UK. ME is the leading
cause of long-term school
sickness absence in the UK.
1 in 5 families of children with ME are subjected to unjustified
child protection proceedings.

TRAINING



**GPs receive little to no
training about ME.**

Current continuing professional
development courses are
outdated and inaccurate.